

# Creativity is for Everyone

Hello. I'm Caris  
and I am a  
mixed media  
collage artist.



Welcome to a new art challenge that everyone can take part in!

## How will it work?

Each month I will set a theme and show you some examples of other artists work in lots of different styles. I will also give you a link to a short YouTube video where I will demonstrate some different artforms you might like to try.

## What if I can't draw?

Being creative isn't just about drawing and painting, although you can make art in those ways if you like. But you can also take part by creating a digital design, making a model, writing a song or poem, designing a character or logo, t-shirt design, creative make-up and hair, cosplay design, print-making, photography, sculpture, cartooning, crafts, card making, collage, dancing, textiles, fashion, handmade books and graphic novels, needle craft and mixed media.

## What do I need to do?

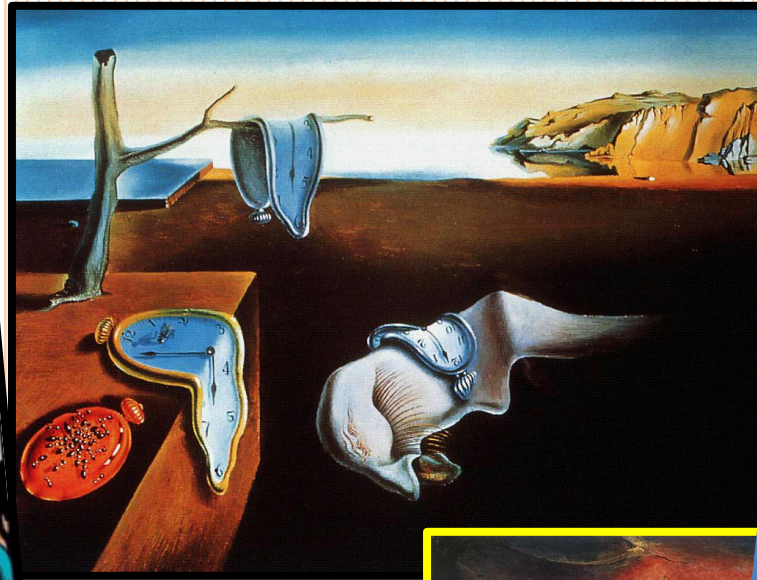
You can respond to the theme in which ever art form/creative way you wish as many times as you like. Email clear photographs of your work (or a video if it is a song or dance) before the deadline and add a few words to explain what your work is about. I will be awarding prizes for the most creative **ideas** each month (you **do not** need to be the best at art) which will be announced in a your youth club Zoom meeting or you will be notified via email.

# This month's theme is **DREAMS!**

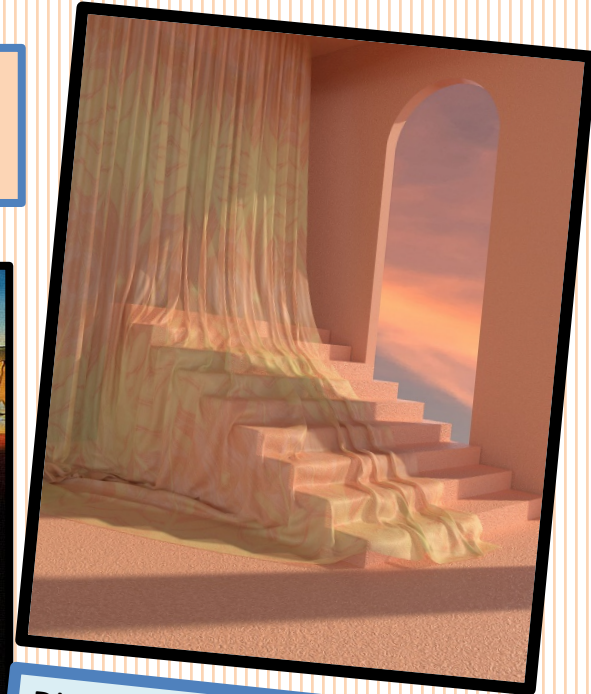
A few Artists whose  
work has been  
inspired by Dreams



Slow Wave was a collective dream diary created by people from around the world. Readers emailed their dreams to **Jesse Reklaw**, who illustrated them in a cartoon.



**Salvador Dalí** was a Surrealist artist who made paintings, sculptures and films with impossible visions inspired by his dreams. Find out more by following this link.  
<https://www.tate.org.uk/kids/explore/who-is/who-salvador-dali>



Digital Artist **Rebecca Lee** creates dreamlike environments that take viewers on a journey into an idealized world.



**William Blake** was a British poet and painter who made expressive art inspired by his visions. For more examples look at  
<https://www.tate.org.uk/kids/explore/who-is/who-william-blake>



# There are lots of ways you can be creative on the theme of dreams ....

Make a painting



This artwork was on display at the Supreme Court as part of 100 Years of Koestler Arts.

*'Being creative in prisons has been my saving grace, as I have been able to express myself and deal with my emotions. Art was there when words failed me. I have realised potential within myself that I did not know existed. I survive my prison sentence by having hope and faith for a better future. My artwork is an expression of dreams of travel.'*

Make a Dreamcatcher



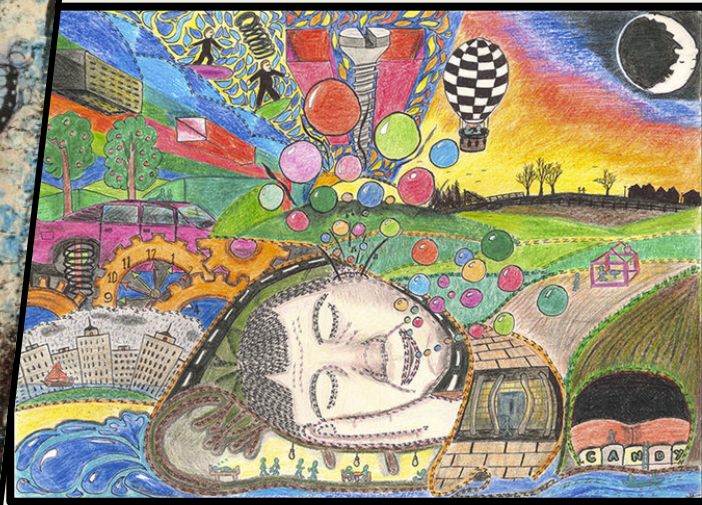
Make art with words



Draw an imaginative surreal picture

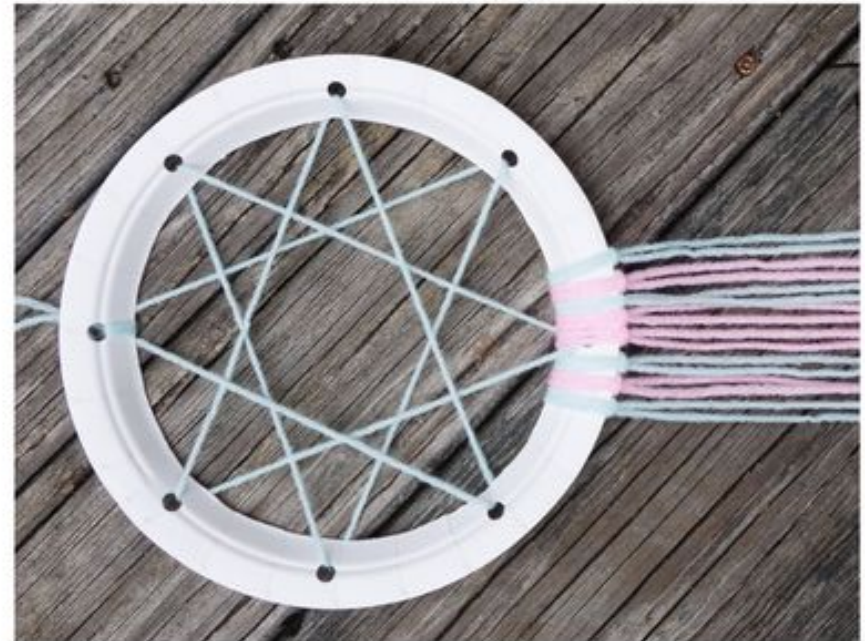
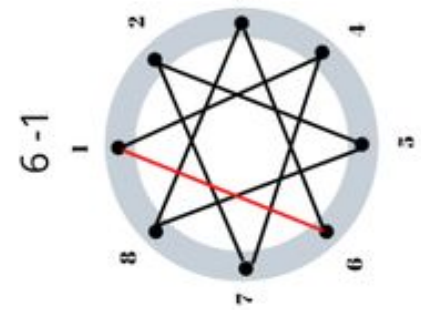
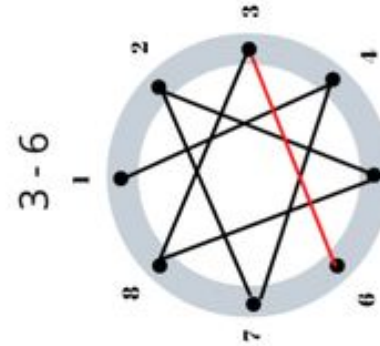
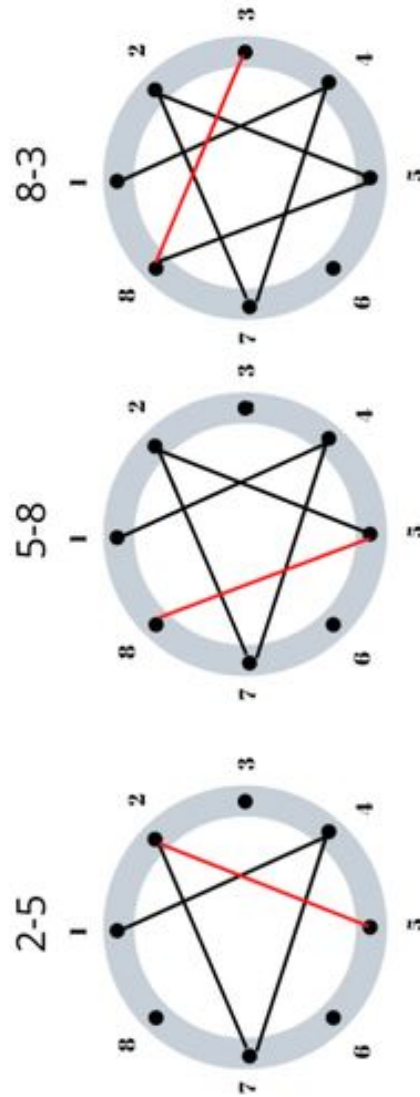
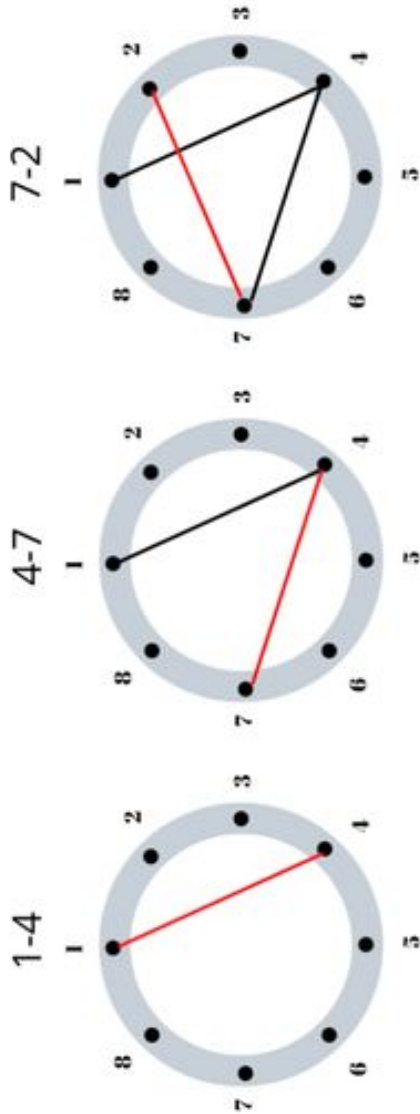


Draw or collage onto newsprint or old book pages





# Dreamcatcher star design using a paper plate



# Competition!

Read and Dream book art



T-shirt design entitled  
'Dream Potion'



'Follow your Dreams' graffiti art



**FIRST PRIZE**  
£15 Voucher

**SECOND PRIZE**  
£5 Voucher

Winners will  
be notified  
on February  
1st!

Send photos or videos of your work to no later than **January 30<sup>th</sup>**.  
Add a few lines explaining your artwork. This could be what inspired you,  
what materials you used or what it is about.

**Young Carers** email work to [karen.corden@telfordcarers.org.uk](mailto:karen.corden@telfordcarers.org.uk)  
**IASS** email work to [maria@iass.org.uk](mailto:maria@iass.org.uk)

Remember that you can enter as many times as you like  
in any artform. Good luck!

Link to my video with more creative ideas <https://youtu.be/bTRbGNOOnPzM>