Shawbirch Carers Wellbeing Group
Dates For Your Diary 2026

We provide a warm welcome to all unpaid carers who are looking after a relative or friend aged 18+

Come along for a chat, share information and experiences and discover what there is across your community to help you feel more connected!

The group will be held on the Third Wednesday of every month 2.00-3.30pm

Venue:-
Shawbirch Medical Centre
Brandon Road
Admaston
TF5 0DU

For more information please call us on 01952 240209
or email
admin@telfordcarers.org.uk
For latest updates follow our page: https://www.facebook.com/telfordcarerscentre/



- **Wednesday 21st January 2026**
- **Wednesday 18th February 2026**
- **Wednesday 18th March 2026**
- **Wednesday 15th April 2026**
- **Wednesday 20th May 2026**
- **Wednesday 17th June 2026**
- **Wednesday 15th July 2026**
- **Wednesday 19th August 2026**
- **Wednesday 16th September 2026**
- **Wednesday 21st October 2026**
- **Wednesday 18th November 2026**
- **Wednesday 16th December 2026**